



- 
- 1 Vacation time

---

  - 2 The heat is on

---

  - 3 No mosquitos – no malaria

---

  - 4 Growing strong

---

  - 5 Thank you!

---

**“Laughter is an instant vacation.”**

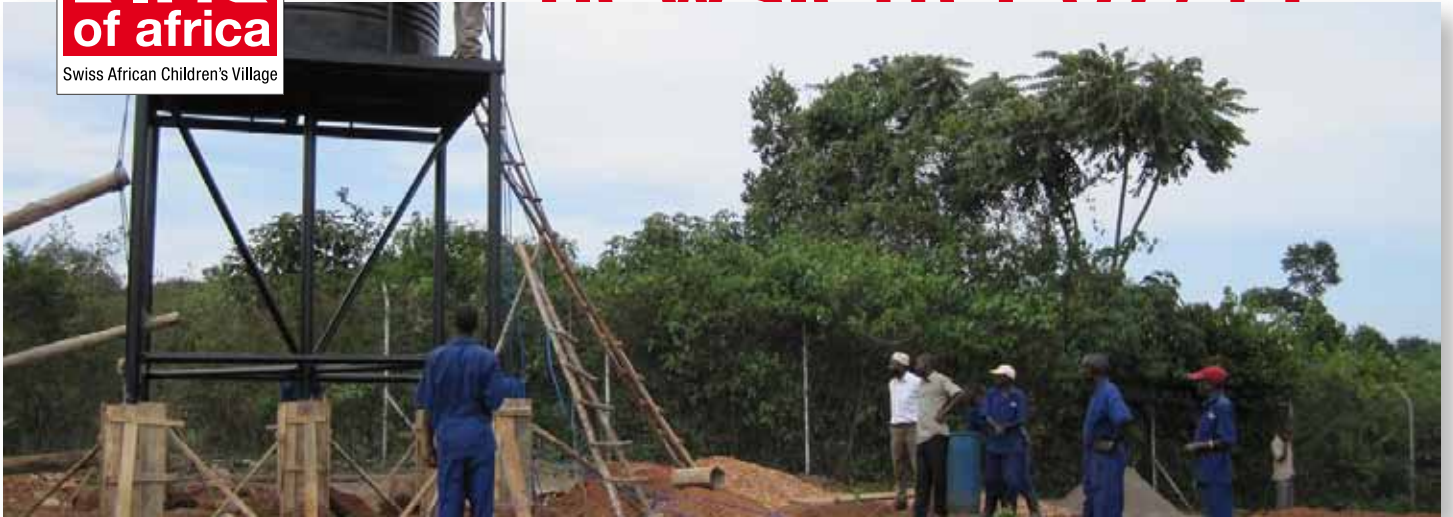
Milton Berle

## 1 Vacation time

As much of the northern hemisphere is enjoying summer, sun and the fun of holidays, so are many of the children at Kids of Africa in Uganda. Besides games and fun, vacations at Kids of Africa are often spent to help individual children to improve or catch up in certain areas of scholastic aptitude. These are particularly valuable moments during which we encourage mothers to foster not only their children's talents and preferences, but also to strengthen their ability to address and resolve challenges.

These activities can vary substantially from child to child. They may involve, for example, drawing, craft work, reading, writing, maths, sport or practical field work. Sometimes, we decide to go on a weekend camping trip to one of the many exciting nearby destinations. Invariably, these short excursions are always great fun and create unforgettable moments! The more we travel the country, the better our children understand the opportunities and challenges, which Uganda will be facing as they grow up. And this way of discovering and learning, we believe, is formative as well as fun.





**“You cannot escape the responsibility of tomorrow by evading it today.”**

Abraham Lincoln

## **2 The heat is on**

In Uganda, the months of July and August usually mark a dry, hot season. However, this year's extraordinary low rainfalls and high temperatures have reduced agricultural output even our farm, where we plan for such events. The reduced supply combined with a growing demand from a swelling population is causing food prices to skyrocket across the country. These grave developments also affect Kids of Africa: Inflation erodes every African citizen's purchasing power and reduces our capacity to help. At the same time,

the need for support is growing. This is why we have to work even harder to keep our costs and funding in balance. For example, we have recently established a basic, yet effective irrigation system, which allows us to better manage our food supply across various climatic cycles with minimal up-front investments. This successful initiative has also set a good example for others to follow. With the climatic and economic situation growing ever more difficult in the entire region, we will no doubt have to continue to use all our inventiveness and perseverance in order to tackle the challenges of the future.





## 3 No mosquitoes – no malaria

In Uganda, the months of July and August usually mark a dry, hot season. However, this year's extraordinary low rainfalls and high temperatures have reduced agricultural output even our farm, where we plan for such events. The reduced supply combined with a growing demand from a swelling population is causing food prices to skyrocket across the country. These grave developments also affect Kids of Africa: Inflation erodes every African citizen's purchasing power and reduces our capacity to help. At the same time, the need for support is growing. This is why we have to work even harder to keep our costs and funding in balance. For example, we have recently established a basic, yet effective irrigation system, which allows us to better manage our food supply across various climatic cycles with minimal up-front investments. This successful initiative has also set a good example for others to follow. With the climatic and economic situation growing ever more difficult in the entire region, we will no doubt have to continue to use all our inventiveness and perseverance in order to tackle the challenges of the future.

<http://www.kids-of-africa.com/files/pdf/ohne-muecken-keine-malaria.pdf>

## “Health is worth more than learning.”

Thomas Jefferson





## 4 Growing strong “You’ve got to jump off cliffs all the time and build your wings on the way down.”

I cannot but marvel at our children’s multi-faceted progress:

- Some have gained the confidence to stand and speak up when they could not do so before.
- Some have found pride and fulfilment developing their creative and scholastic aptitude.
- Some show a keen interest in learning skills which might allow them to gain access to a profession in later years, such as farming or metal and wood working.
- Some are keen to teach others or help with their unique talents and skills.
- And most have developed an infectious strong sense of belonging. A sense of family and pride which sparkles in their eyes every time these children represent Kids of Africa in athletic or other sport contests.

This, I sense, is the strength which comes from within. It is the basis of a responsible mindset which is the seed of a better future.

Ray Bradbury





## 5 Thank you!

As time goes by and the children at Kids of Africa develop and grow, it becomes ever more apparent how much their lives have changed for the better. Your valuable time, your creativity, your financial support and perseverance have not only materialized as a safe home, a loving family, sound education and medical support. They have translated into a better future for around 100 children at Kids of Africa, all staff and their families as well as the many other people who have been inspired by our work. I can not thank you enough for your continued commitment and support and would like to extend my sincerest thanks also on behalf of all our children and staff at Kids of Africa!

Cordially yours

Burkhard Varnholt

## “The only way to have a friend is to be one.”

Ralph Waldo Emerson

